1. **United States Postal Service First Class**
   a. This is the lowest price option and should be used first.
   b. There is a four-pound limit on this option.
   c. If this option does not display, it means it is over four pounds or is not available.
   d. If the order is above four pounds, please choose one of the FedEx options below.
   e. This option takes about two or three days longer than the FedEx options but is much cheaper.

2. **FedEx Ground Canada**
   • This is the lowest cost of the FedEx options.

3. **FedEx Ground International Economy**
   • This option is more costly than FedEx Ground Canada but offers slightly faster delivery.

4. **FedEx International Priority**
   • This option is the fastest and most expensive option for Canadian orders.